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# Saliva Diagnostics for Kidney Disease

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# Overview

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- Advantages of Saliva Diagnostics
- Background
- FDA Approval
- Consumer Satisfaction
- Consumer Preference
- Pricing and Demand
- Net Present Worth

# Alternative to Blood Testing



- Saliva contains many of the components of blood
  - In much lower concentration
  - Mostly items that passively diffuse through salivary glands
- Collecting saliva is much less invasive and faster
  - Reduces risk of exposure for health care professional
  - Saliva has fewer components that interfere with assay, reducing steps needed in analysis
- Some people refuse blood testing for cultural or religious reasons

# The Beginning of Saliva Diagnostics

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- **Microfluidics**
  - A new field which began in the early 90's
  - Combination of physics, chemistry, biotechnology, and engineering
  - Develops a better understanding of how fluids move on a micro and nanoliter scale
    - Allows for the design of more sensitive diagnostic devices

# Current State of Saliva Diagnostics



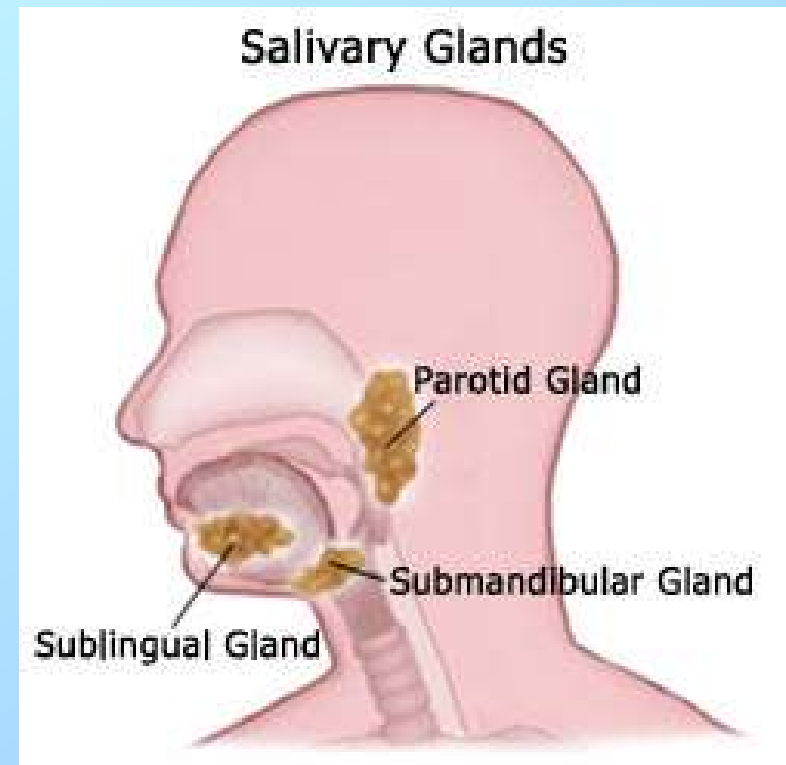
- Conditions presently being assessed using saliva
  - Alcohol consumption
  - Drug use
  - Hormone levels
  - HIV 1 and 2
  - Viral hepatitis A, B, and C
- Current research
  - Cardiovascular disease
  - Cancer
  - Alzheimer's
  - Osteoporosis



# Saliva



- Saliva has many components
  - Mostly water with some mucus
  - A variety of electrolytes ( $K^+$ ,  $Na^+$ ,  $Cl^-$ ,  $Ca^+$ )
- Many proteins found in blood also make their way into saliva



# Saliva Composition



- 98% water
- Electrolytes
  - Sodium ~32 mmol/L
  - Potassium ~22 mmol/L
  - Calcium ~1.7 mmol/L
  - Magnesium ~0.18 mmol/L
  - Copper ~0.4  $\mu\text{mol/L}$
  - Lead ~0.55  $\mu\text{mol/L}$
  - Cobalt ~1.2  $\mu\text{mol/L}$
  - Strontium ~1  $\mu\text{mol/L}$
  - Hydrogen Carbonate ~20 mmol/L
  - Iodide ~10  $\mu\text{mol/L}$
  - Bromide ~14 mmol/L
  - Hypothiocyanate ~1.2  $\mu\text{mol/L}$
  - Nitrate ~1.1  $\mu\text{mol/L}$
  - Nitrite ~178  $\mu\text{mol/L}$
  - Fluoride ~68  $\mu\text{mol/L}$
  - Sulfate ~5.8  $\mu\text{mol/L}$
- Mucus
  - Mucopolysaccharides
  - Glucose ~175  $\mu\text{mol/L}$
- Metabolites
  - Bilirubin ~15  $\mu\text{mol/L}$
  - $\alpha$ -ketoglutaric acid ~2.4  $\mu\text{mol/L}$
  - Pyruvic acid ~75  $\mu\text{mol/L}$
- Proteins
  - $\alpha$ -amylase ~650–800  $\mu\text{g/ml}$
  - Peroxidase ~5–6  $\mu\text{g/ml}$
  - Secretory IgA ~96–102  $\mu\text{g/ml}$
  - Lactoferrin ~1–2  $\mu\text{g/ml}$
  - Fibronectin ~0.2–2  $\mu\text{g/ml}$
- Cells

# Our Screening Procedure

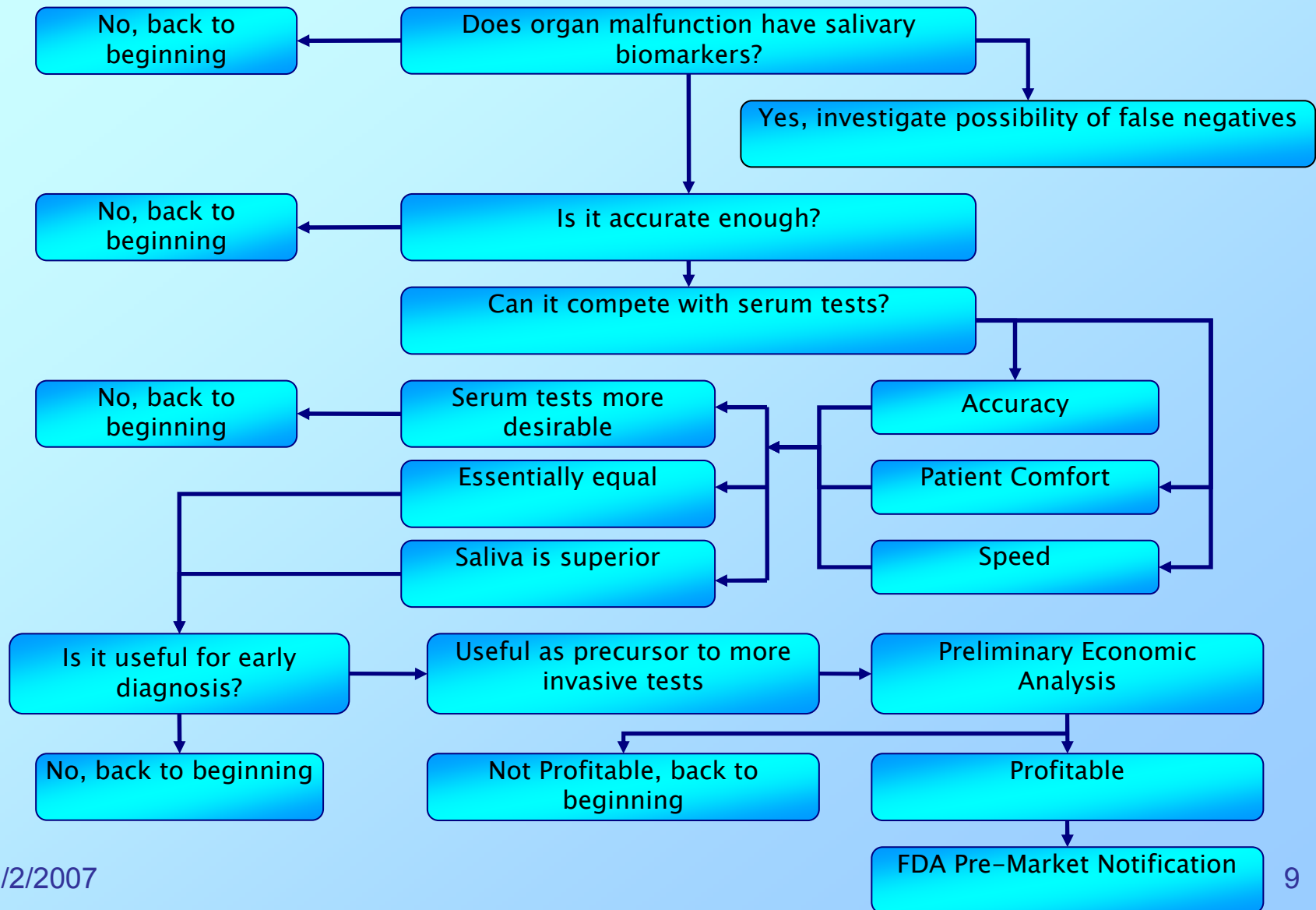
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- Can biomarker be detected in saliva
- Abnormal levels indicate threat of organ malfunction
- How do you detect abnormal levels
- How accurate are detection methods
- How widely applicable are detection methods
- How helpful is result in medical decision making
- Is test effective in early diagnosis (compared to serum testing)
- Weigh accuracy vs. speed, convenience, portability
- Cost of detection method
- Making product attractive to consumer



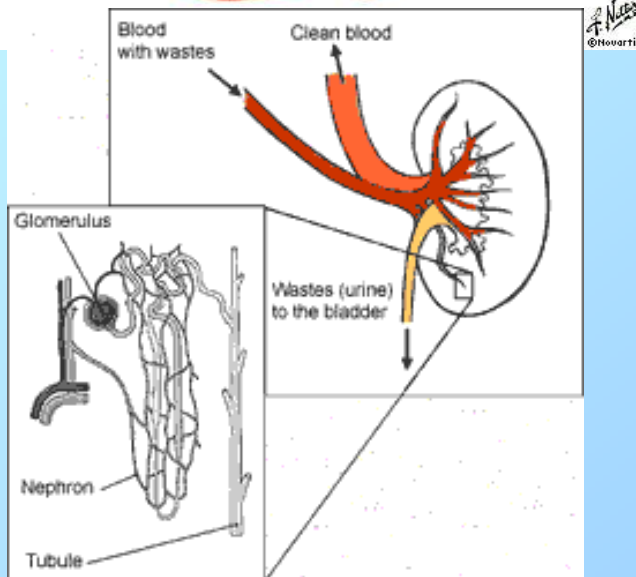
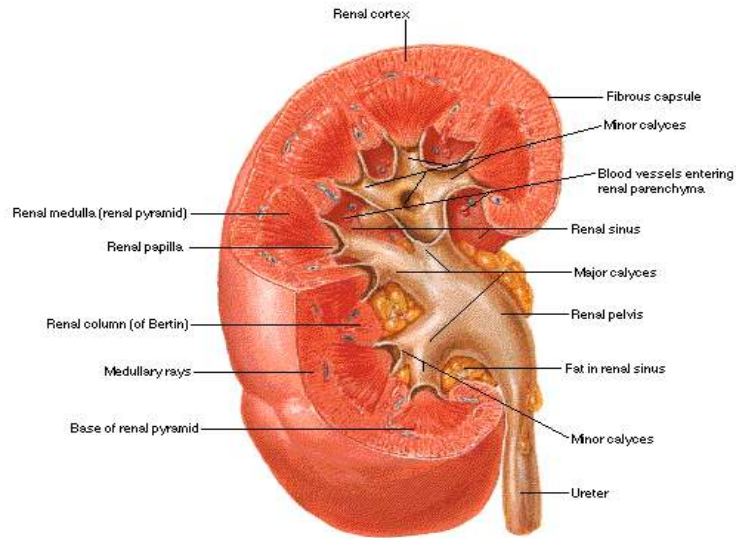
# Screening Procedure Flow Chart



# The Kidney



Right Kidney Sectioned in Several Planes



- The kidney's responsibility is to clean the blood
- Most waste in blood passively diffuses in the kidney, just like most of saliva's components come from passive diffusion
- About 1 in 12 people have some kidney disease
  - 9<sup>th</sup> leading cause of death in USA
  - 80,000 deaths per year
- About 450,000 people depend on dialysis or kidney transplants to live

# Symptoms of Kidney Disease



- High blood pressure
- Fatigue, less energy
- Poor concentration and appetite
- Trouble sleeping and night time muscle cramps
- Swollen feet and ankles
- Puffiness around eyes, particularly in the morning
- Dry, itchy skin
- Frequent urination



# Creatinine Test

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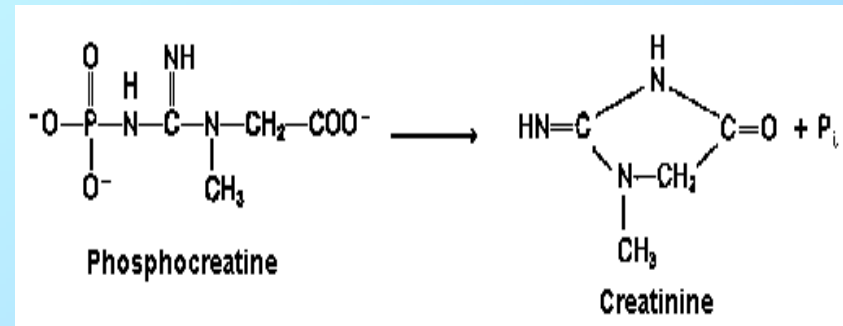


- Typically ordered as part of a general metabolic panel
- Usually tested for in urine and serum, but correlations now exist between serum creatinine and salivary levels of creatinine
- Has certain ranges that are considered healthy
  - Correlations exist that relate serum creatinine to salivary creatinine and also to glomerular filtration rate (GFR)
  - The GFR is a good indicator of kidney disease progression
- The physician is looking for the creatinine clearance

# Creatinine and GFR



- Creatinine is a breakdown product of creatine in muscle
- The kidney removes it from the blood
- Presence may indicate kidney failure or dysfunction
- Correlations exist relating it to Glomerular Filtration Rate
  - GFR mL/min/1.73m<sup>2</sup>
  - Creatinine mg/dL



Cockcroft-Gault Equation:

$$GFR = \frac{(140 - Age) \cdot Mass}{815 \cdot P_{cr}}$$

$$P_{cr} = 10S_{cr}$$

$P_{cr}$  = Plasma Creatinine Concentration (mmol/L)

$S_{cr}$  = Saliva Creatinine Concentration (mmol/L)

Mass in kilograms

# Unhealthy GFR



GFR	Stage	Description	Treatment
90+	1	Normal kidney function	Observe, control blood pressure
60–89	2	Mildly reduced kidney function, with urine abnormalities, indicates kidney disease	Find out why kidney function is reduced
30–59	3	Moderately reduced kidney function	Make a diagnosis with additional testing
15–29	4	Severely reduced kidney function	Plan for endstage renal failure
14 down	5	Endstage kidney failure	Dialysis and/or transplant

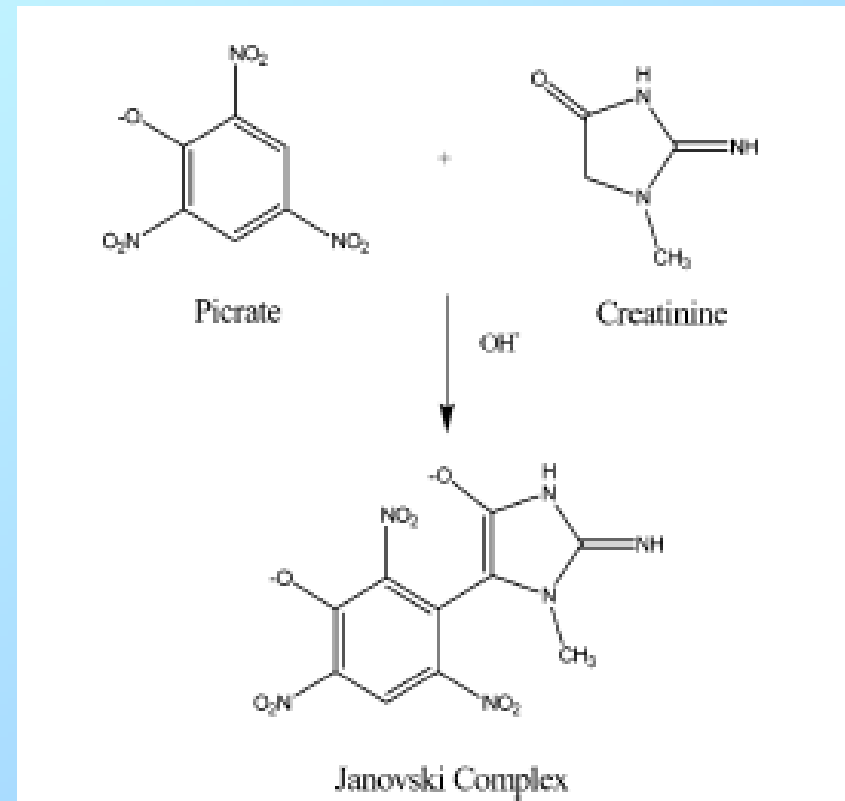
$$P_{cr} = 10 S_{cr}$$

$$GFR = \frac{(140 - Age) \cdot Mass}{8150 \cdot S_{cr}}$$

# Description of Assay



- The test utilizes the Jaffé reaction, which requires certain reagents
  - NaOH to provide alkalinity
  - Picric Acid to react with the creatinine
- The Picric Acid produces a color change upon reaction
  - The color change can be tracked with spectrophotometry
- Serum tests require more reagents to reduce interference



# Saliva vs. Blood Collection



- Blood collection
  - Requires invasive, expensive needle
  - Requires disinfection
- Saliva collection
  - Only requires spitting into a vial
  - Patient needs to rest, not eating, for 5 minutes prior to collection
  - Patient must chew inert paraffin gum for 1 minute to stimulate saliva flow





# FDA Approval



U.S. Food and Drug Administration



- FDA approval is an important part of medical device development
- According to FDA regulations, a salivary creatinine test is considered a medical device
- Medical devices are regulated by the FDA's Center for Devices and Radiological Health
- First step in the approval process is to classify the device
- There are three classifications, requiring different degrees of approval processes
- Creatinine tests fall into Category II
  - Does not require Pre-Market Approval
  - Requires Pre-Market Notification

# Pre-Market Notification

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- All medical devices being brought to market must submit a Pre-Market Notification
- The Pre-Market Notification must establish Substantial Equivalence:
  - has the same intended use as the predicate; and
  - has different technological characteristics and the information submitted to FDA;
    - does not raise new questions of safety and effectiveness; and
    - demonstrates that the device is at least as safe and effective as the legally marketed device.

# Other Requirements

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- Good Manufacturing Practices / Quality System Regulation
- Provides guidance for:
  - Designing processes and products
  - Process control
  - Employee training
  - Facilities
  - Labeling
  - Distributing

# Consumer Satisfaction



- Relate “consumer” properties to physical properties
  - Sensitivity
    - Ability to detect creatinine
  - Likelihood for False Positives
    - Due to positive interference
  - Likelihood for False Negatives
    - Due to bilirubin interference
  - Discomfort
    - Associated with obtaining sample blood vs. saliva
- Consumers are both patients and medical professionals



# Consumer Satisfaction Model

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$$H_i = \sum_j w_{i,j} y_{i,j}$$

$H_2$ : consumer satisfaction with existing product

$H_1$ : consumer satisfaction with new product

$w$ : weight of property  $j$  for product  $i$

$y$ : satisfaction with property  $j$  for product  $i$

- $H$  is a function of consumer properties related to physical properties

# Weights for Satisfaction Function

- Weights were determined from consumer surveys
- Participants were asked to rate the following factors
  - Discomfort
  - Sensitivity
  - Chance for False Positive Results
  - Chance for False Negative Results

Parameter	Weight
Discomfort	0.22
Sensitivity	0.25
False Negative Rate	0.26
False Positive Rate	0.27

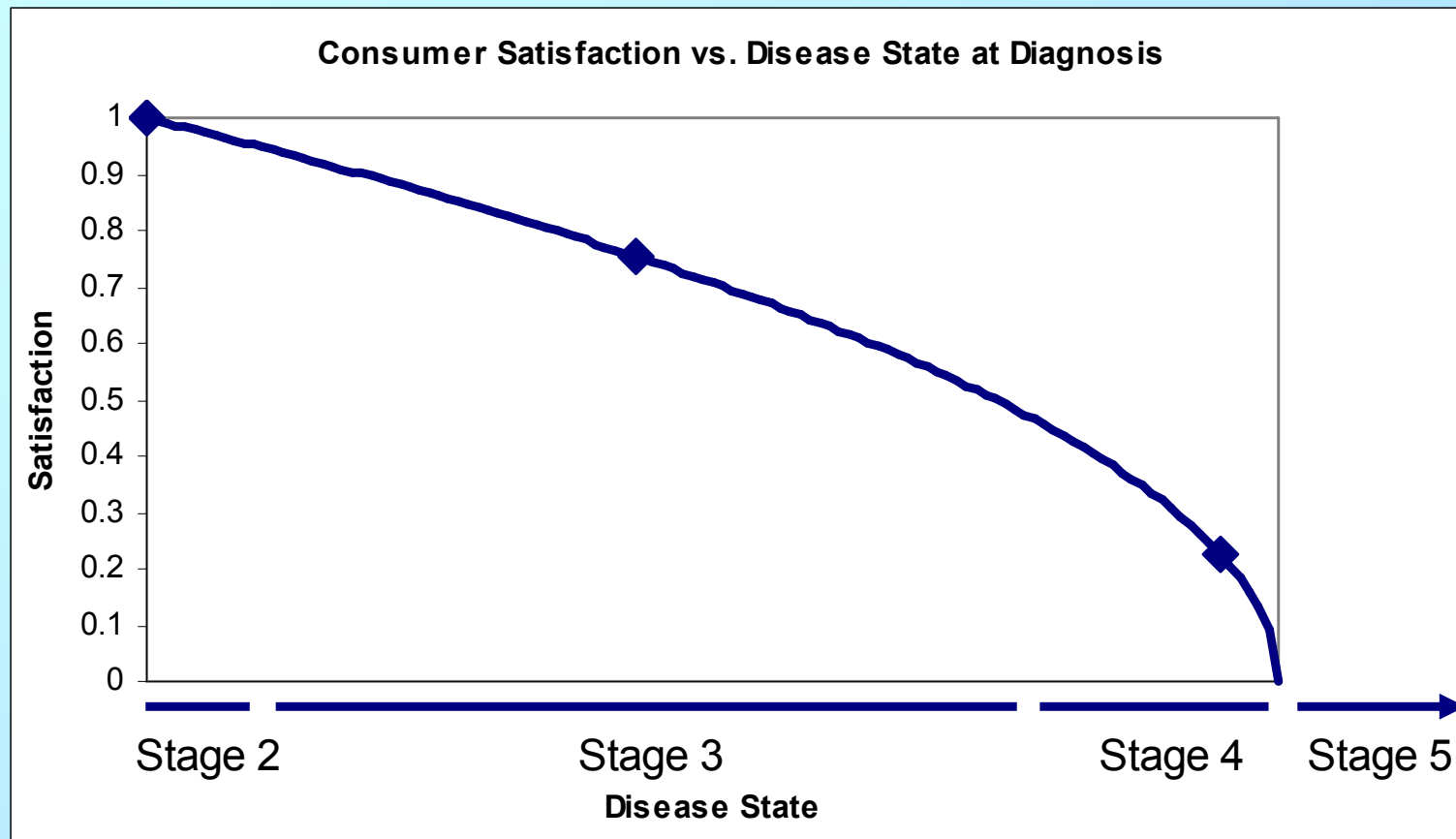
# Discomfort

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- Discomfort is a consumer property related to the invasiveness of the test
- Discomfort ( $D$ ) is a constant dependent on whether or not blood is drawn and is added to the satisfaction function
  - $D = 0.5$  if blood is drawn
  - $D = 1$  if no blood is drawn

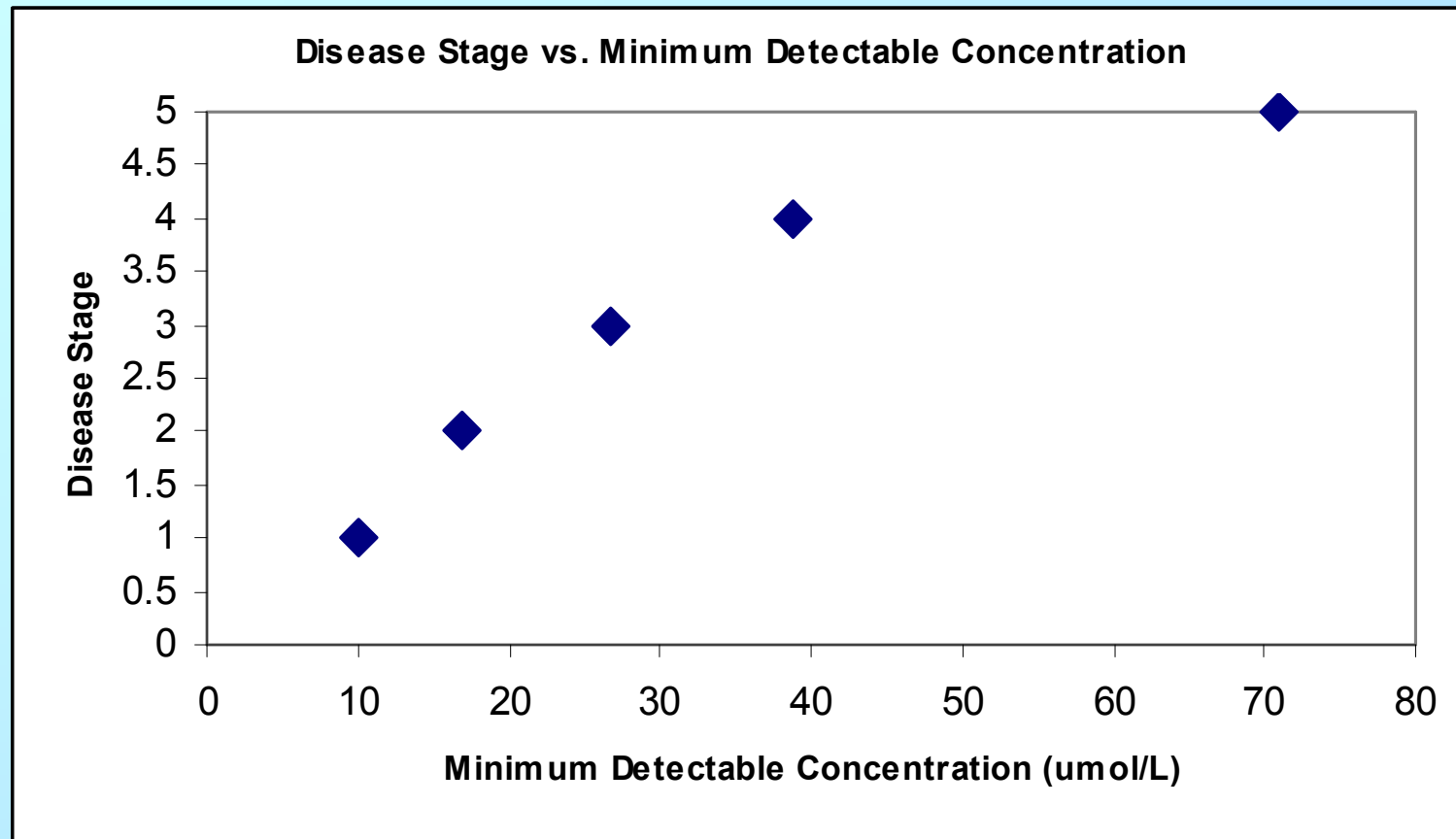
# Sensitivity



Consumer satisfaction corresponds to the disease stage that the test can detect

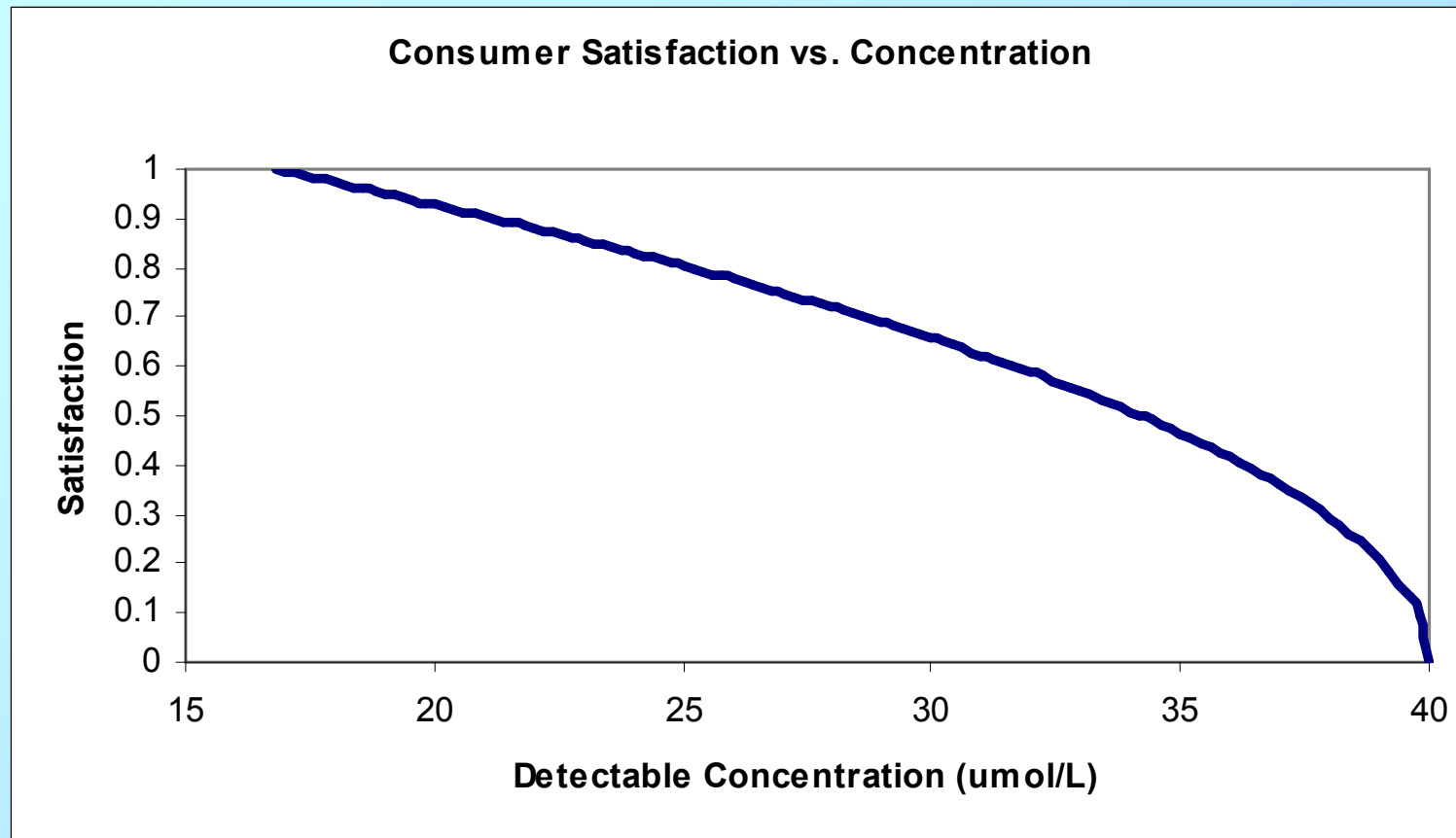


# Sensitivity



The ability of the test to detect certain disease stages relates to the minimum detectable concentration of the test

# Sensitivity



Consumer satisfaction decreases with increasing minimum detectable concentration

# Interference

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- ❖ Certain compounds are known to interfere with the Jaffé reaction and create misleading results

## Positive Interference

- Cause creatinine test results to be higher than actual
- *Interfering compounds*
  - Pyruvic acid, glucose, and alpha-ketoglutaric acid

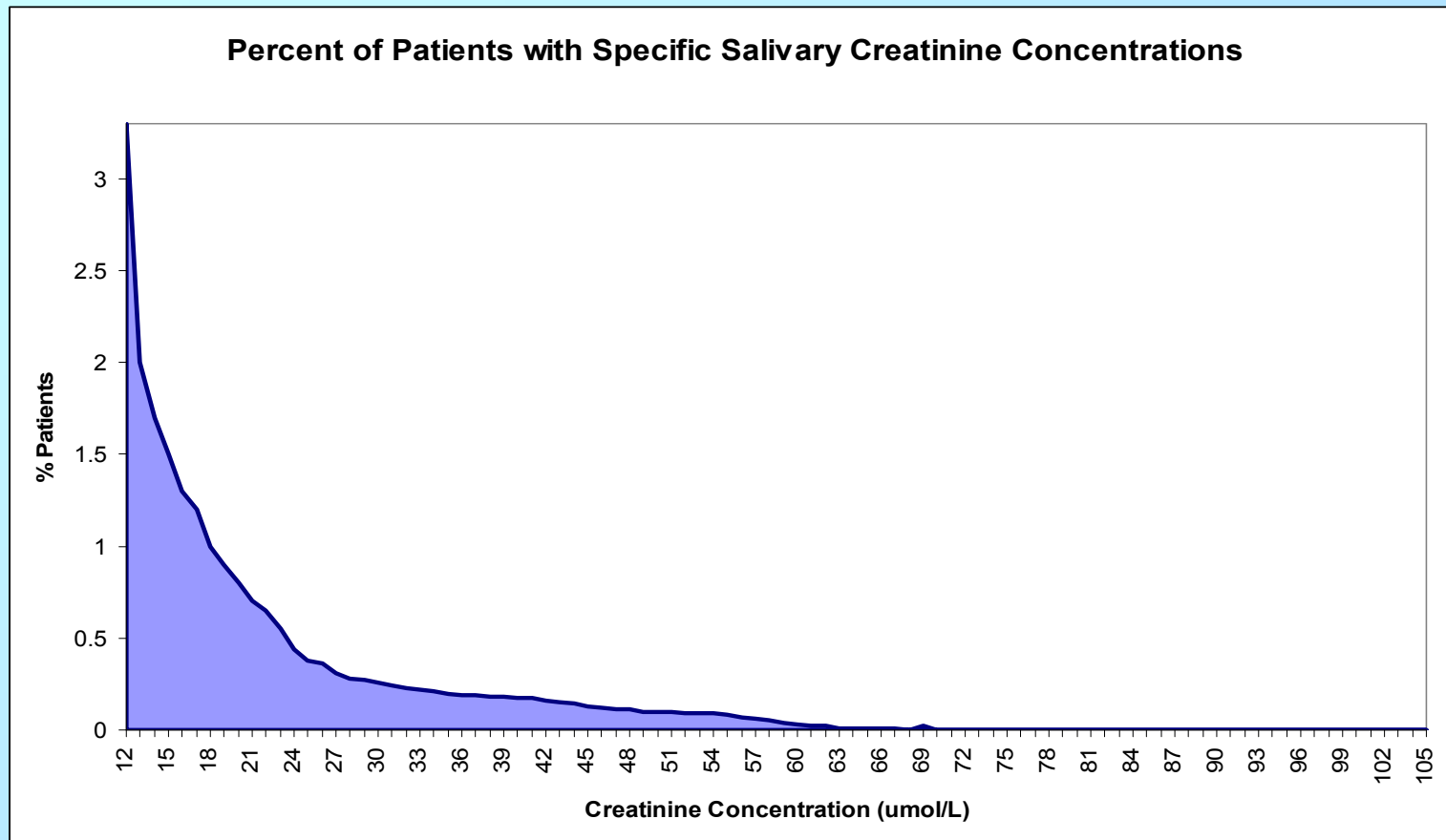
- Less significant

## Negative Interference

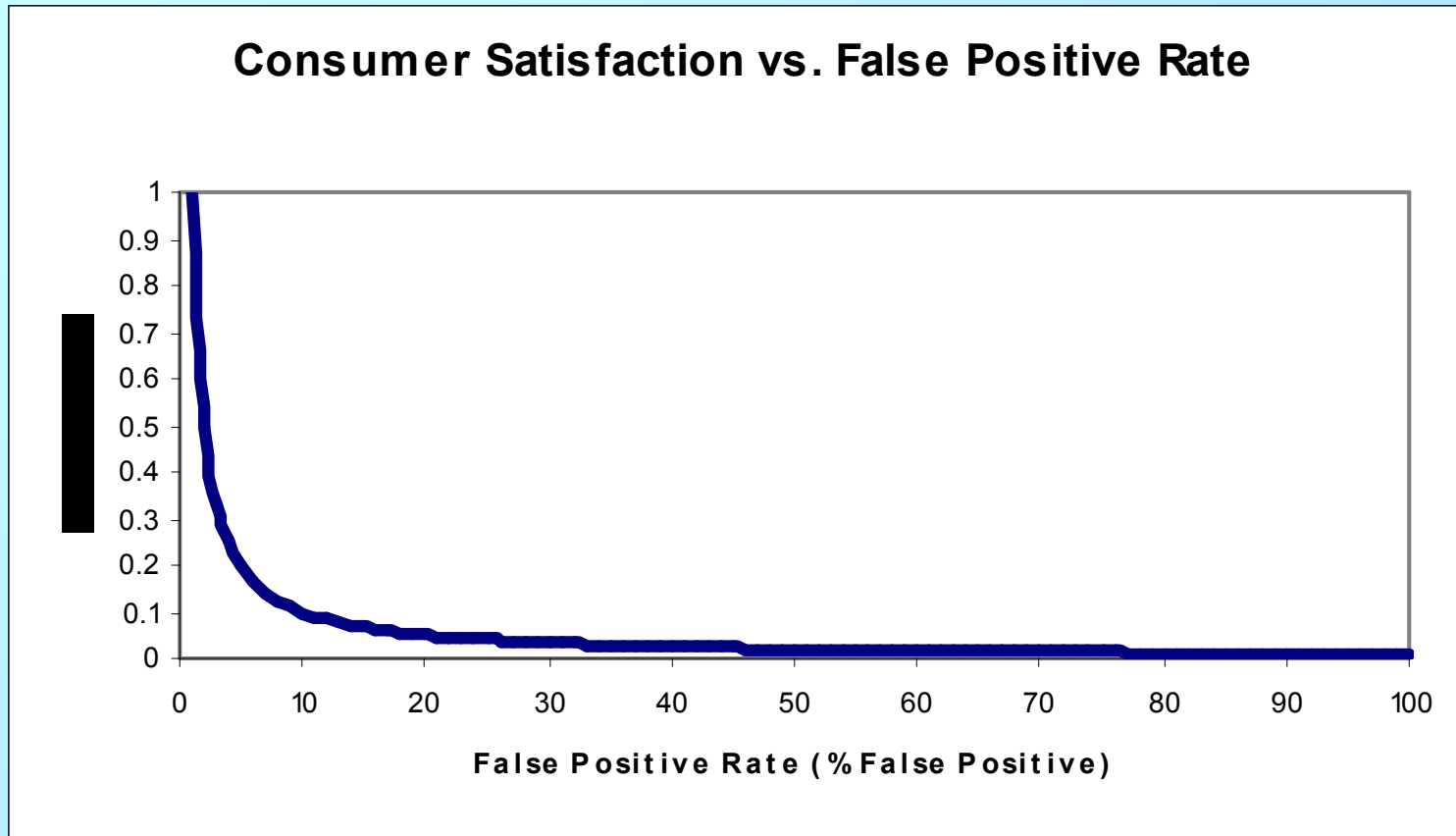
- Cause creatinine test results to be lower than actual
- *Interfering compound*
  - Bilirubin

- Moderately significant

# Distribution of Creatinine in Patients

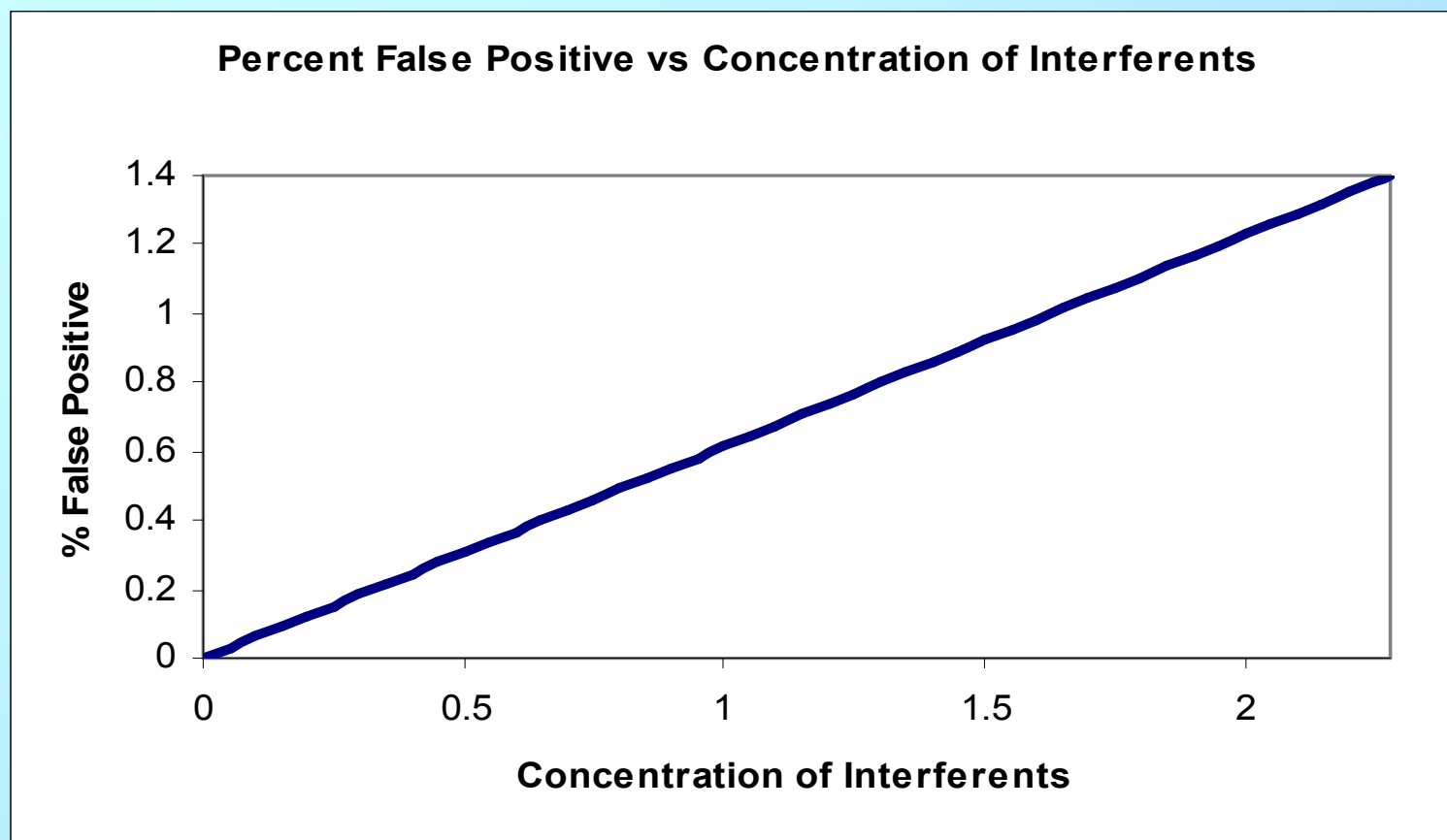


# Positive Interference



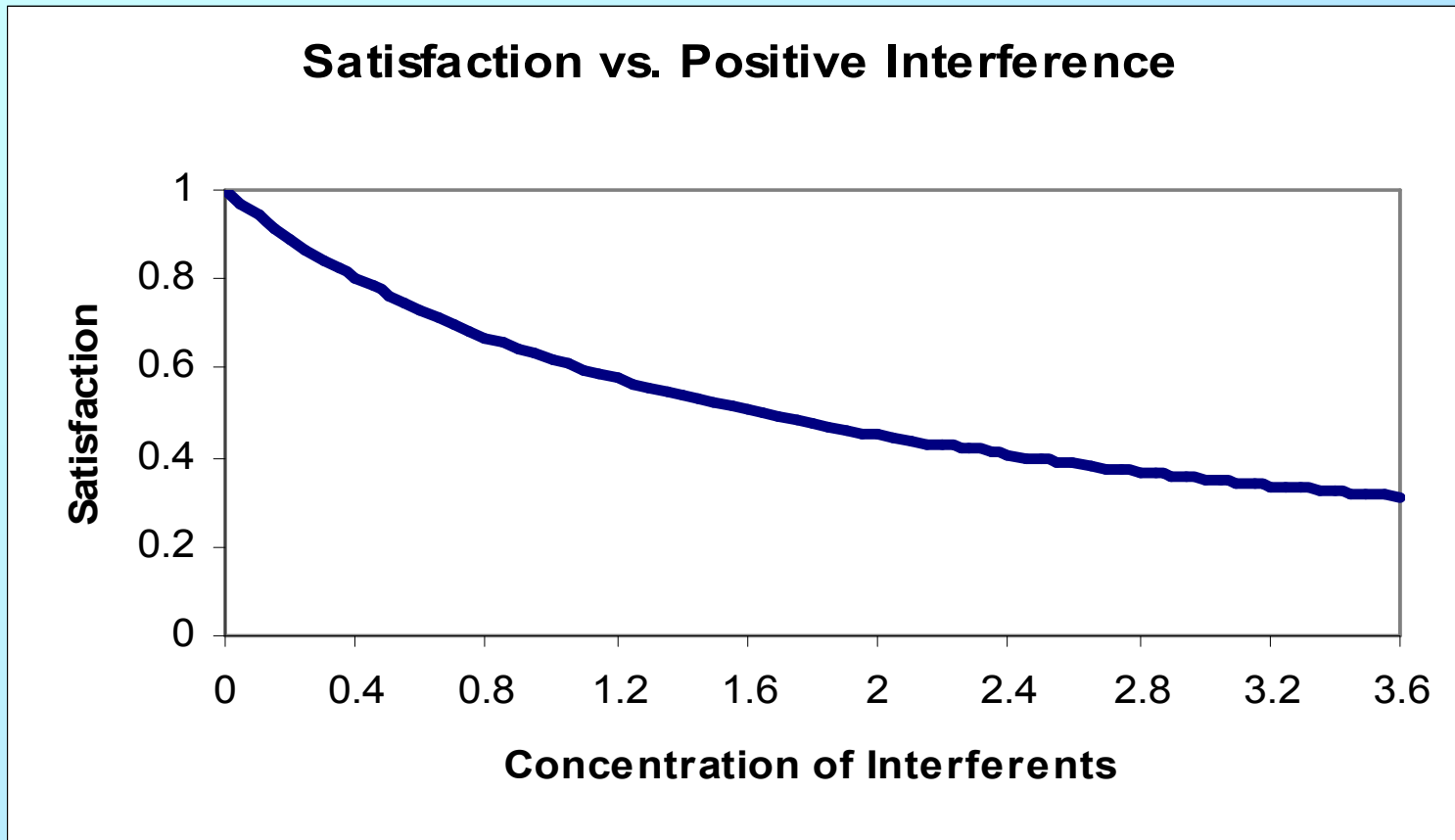
Satisfaction dramatically drops as the percent of false positives increases

# Positive Interference



The percentage of tests that give a false positive increases with an increasing concentration of interfering compounds

# Positive Interference



Satisfaction decreases with the concentration of interfering compounds

# Positive Interference

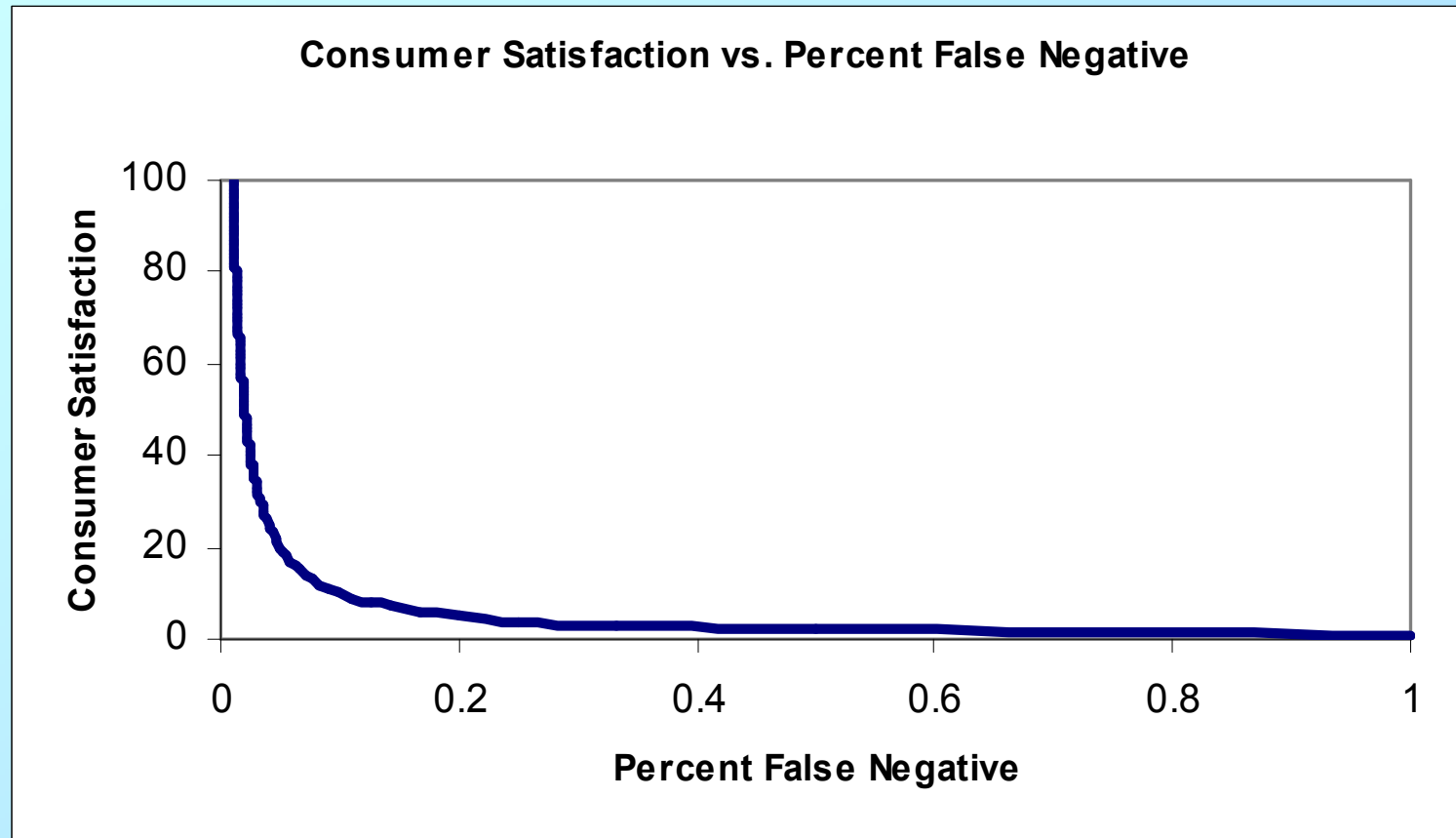
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- Challenge
  - Compounds such as glucose can cause the test to show slightly higher creatinine levels than are actually present
  - Occurrence of false positives is ~1%
- Possible Resolution
  - Include monitors to measure levels of positively interfering compounds
    - i.e. a glucose meter

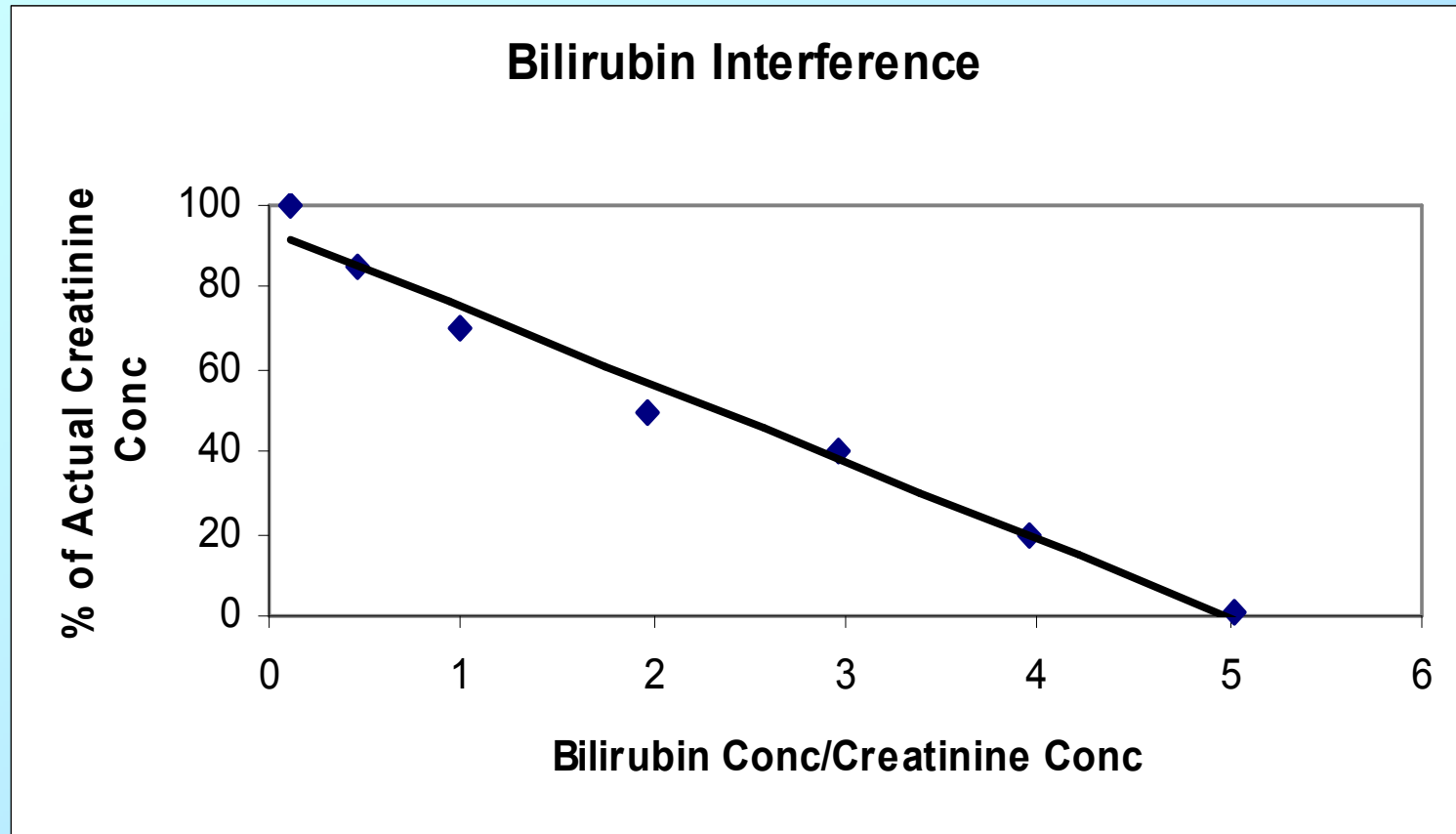


# Negative Interference



Satisfaction decreases rapidly with the percent false negative

# Negative Interference



A higher bilirubin to creatinine concentration ratio indicates higher interference

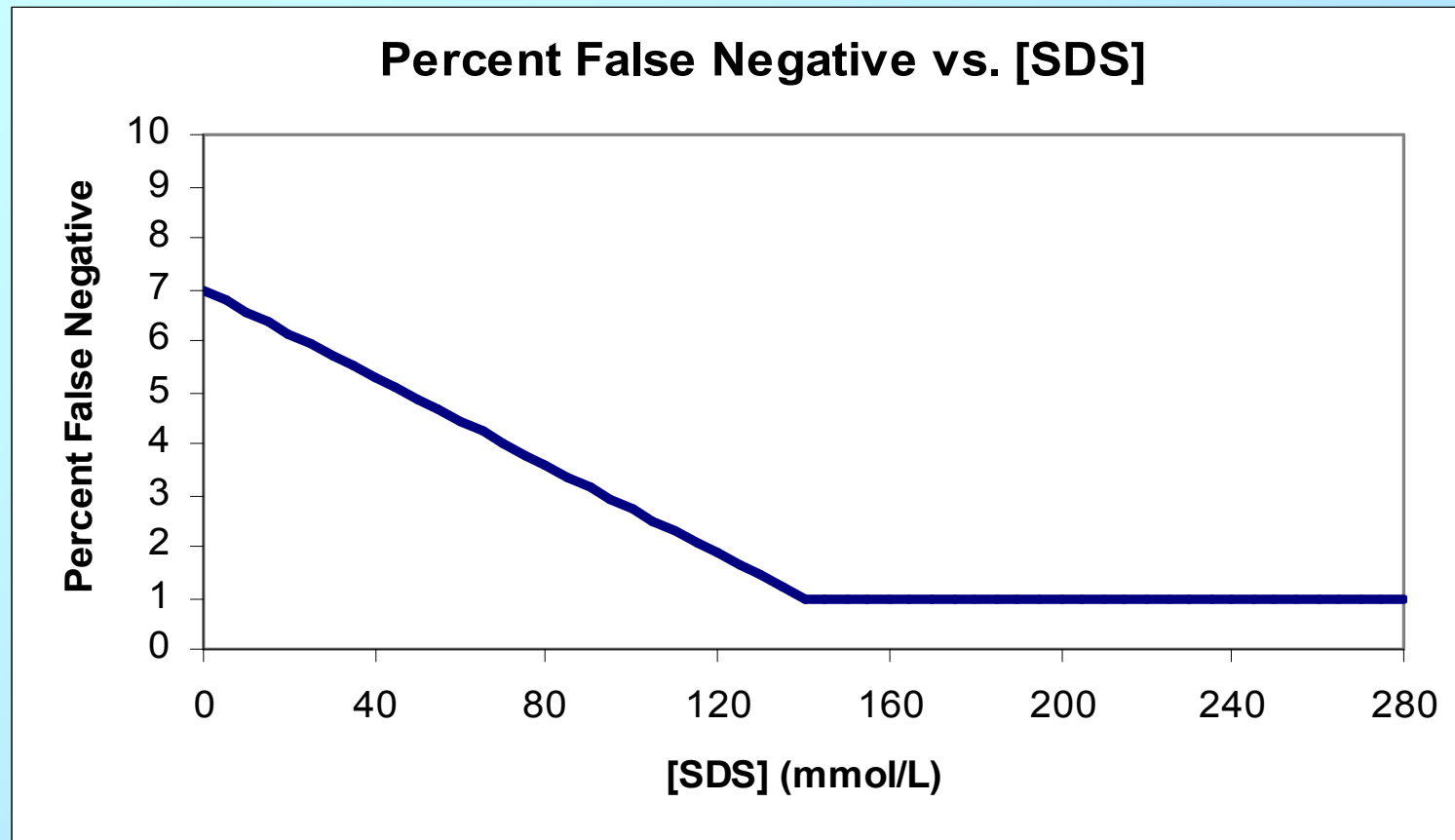
# Negative Interference

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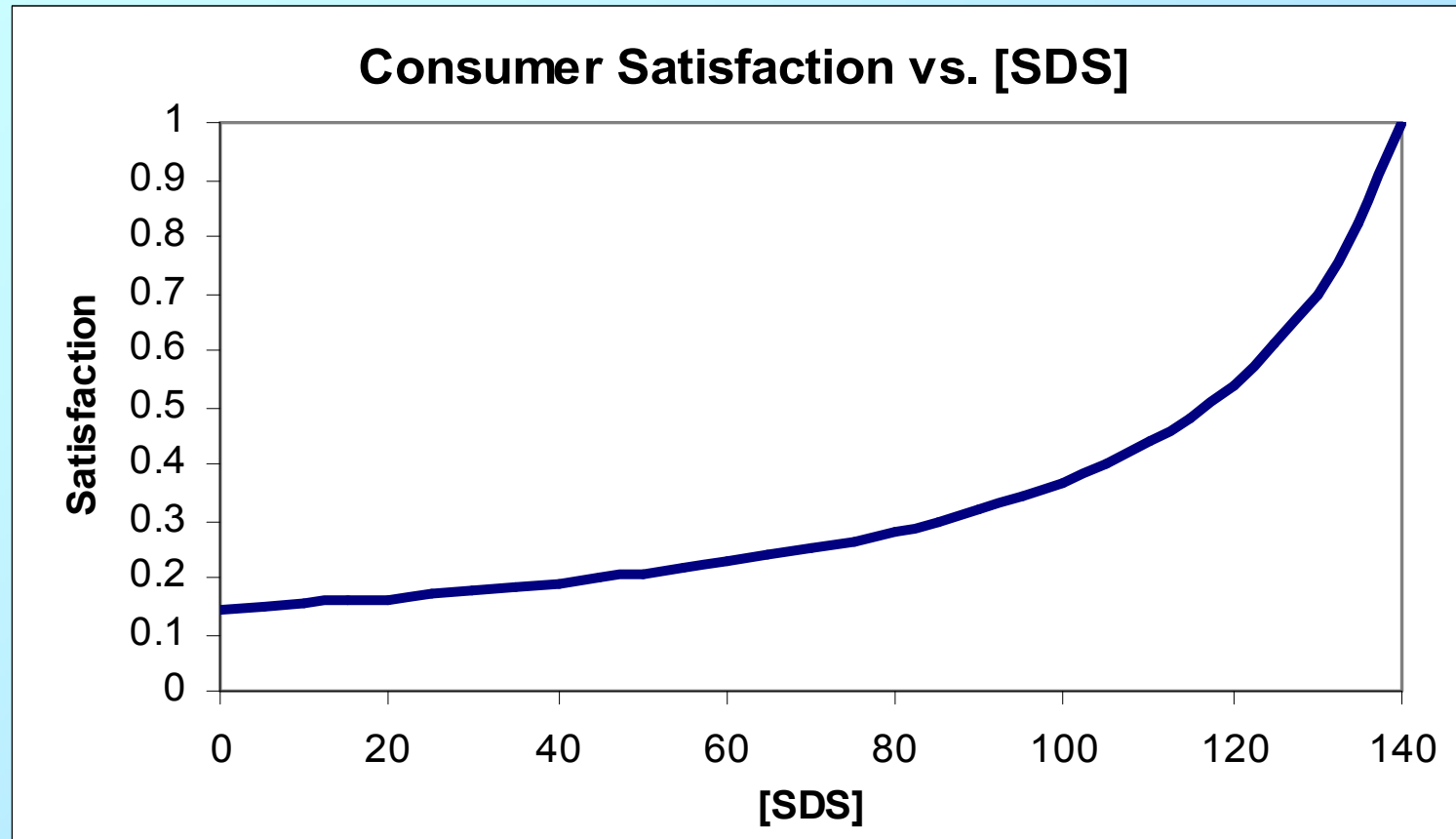
- Challenge
  - Excessive amounts of bilirubin cause tests to show lower creatinine levels than are actually present
- Resolution
  - Sodium dodecyl sulfate decreases the effects of bilirubin, thereby reducing the likelihood for false negative results

# Negative Interference



The percentage of false negative results decreases with increasing SDS concentration up to 140 mmol/L

# Negative Interference



Satisfaction increases with increasing SDS concentration

# Pricing and Demand Model



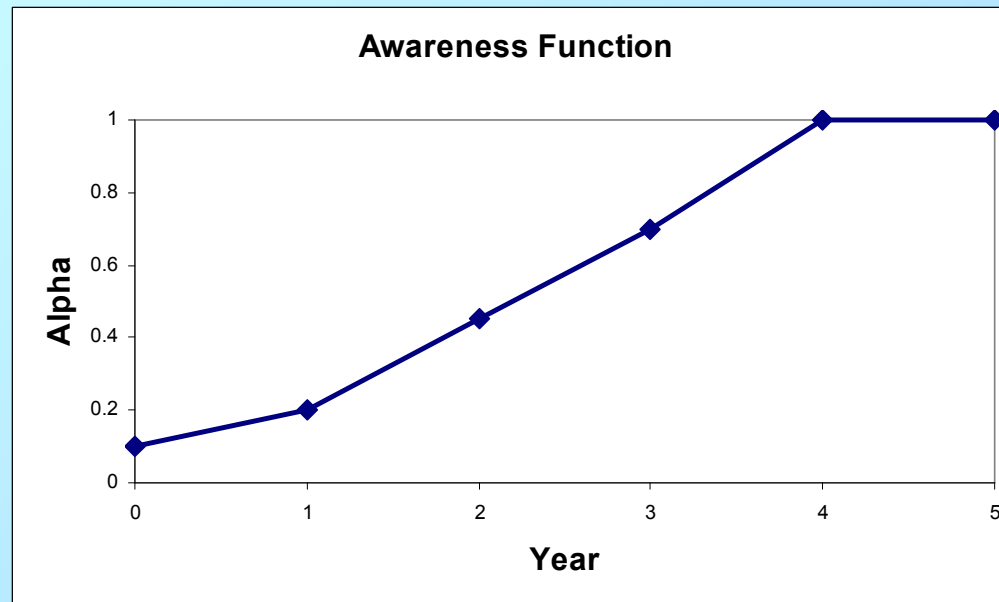
$$\Phi(d_1) = p_1 d_1 - \left(\frac{\alpha}{\beta}\right)^\rho p_1 \left[\frac{Y - p_1 d_1}{p_2}\right]^{1-\rho} d_1^\rho = 0$$

- $p_1$ : new product price
- $d_1$ : new product demand
- $\alpha$ : describes consumer knowledge of new product
- $\beta$ : describes consumer preference for new product
- $Y$ : total consumer budget
- $p_2$ : existing product price (serum test – \$10/test)
- $\rho$ : constant of 0.75

# Awareness Function



$$\Phi(d_1) = p_1 d_1 - \left(\frac{\alpha}{\beta}\right)^\rho p_1 \left[\frac{Y - p_1 d_1}{p_2}\right]^{1-\rho} d_1^\rho = 0$$

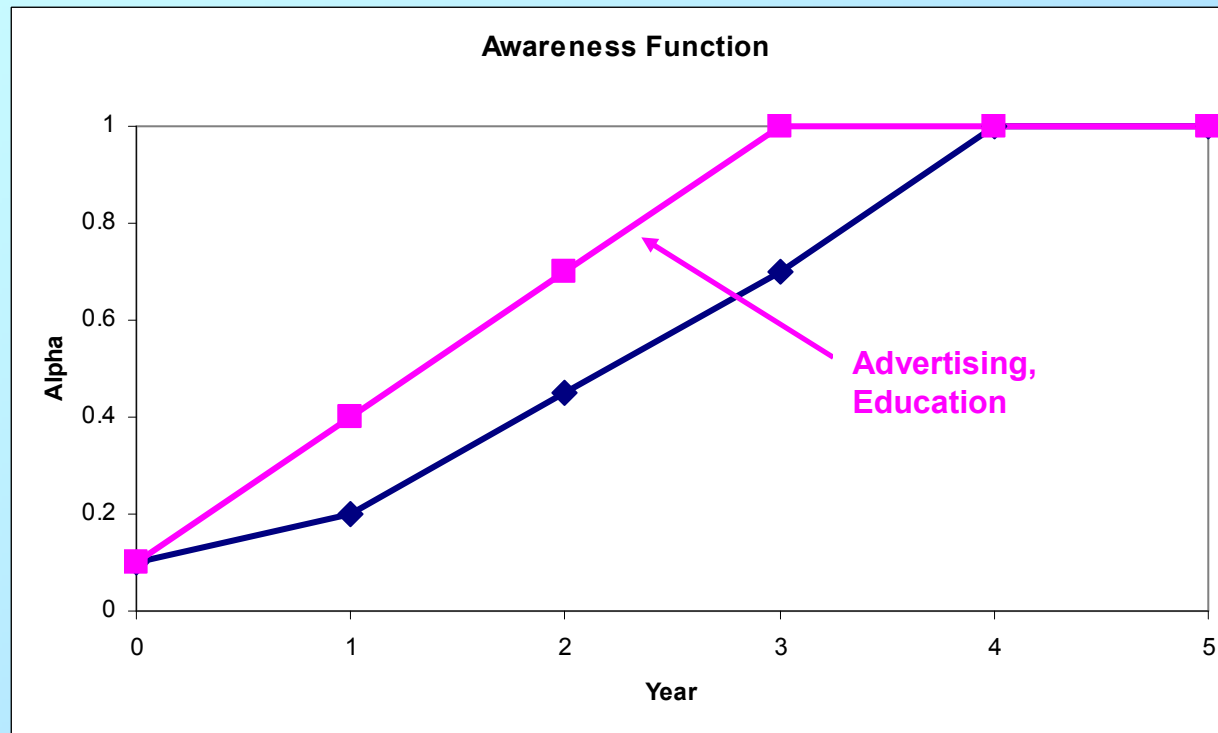


- Awareness ( $\alpha$ ) is a function of consumer awareness of the product
- Awareness increases with time to a value of 1, indicating total awareness

# Advertising and Education



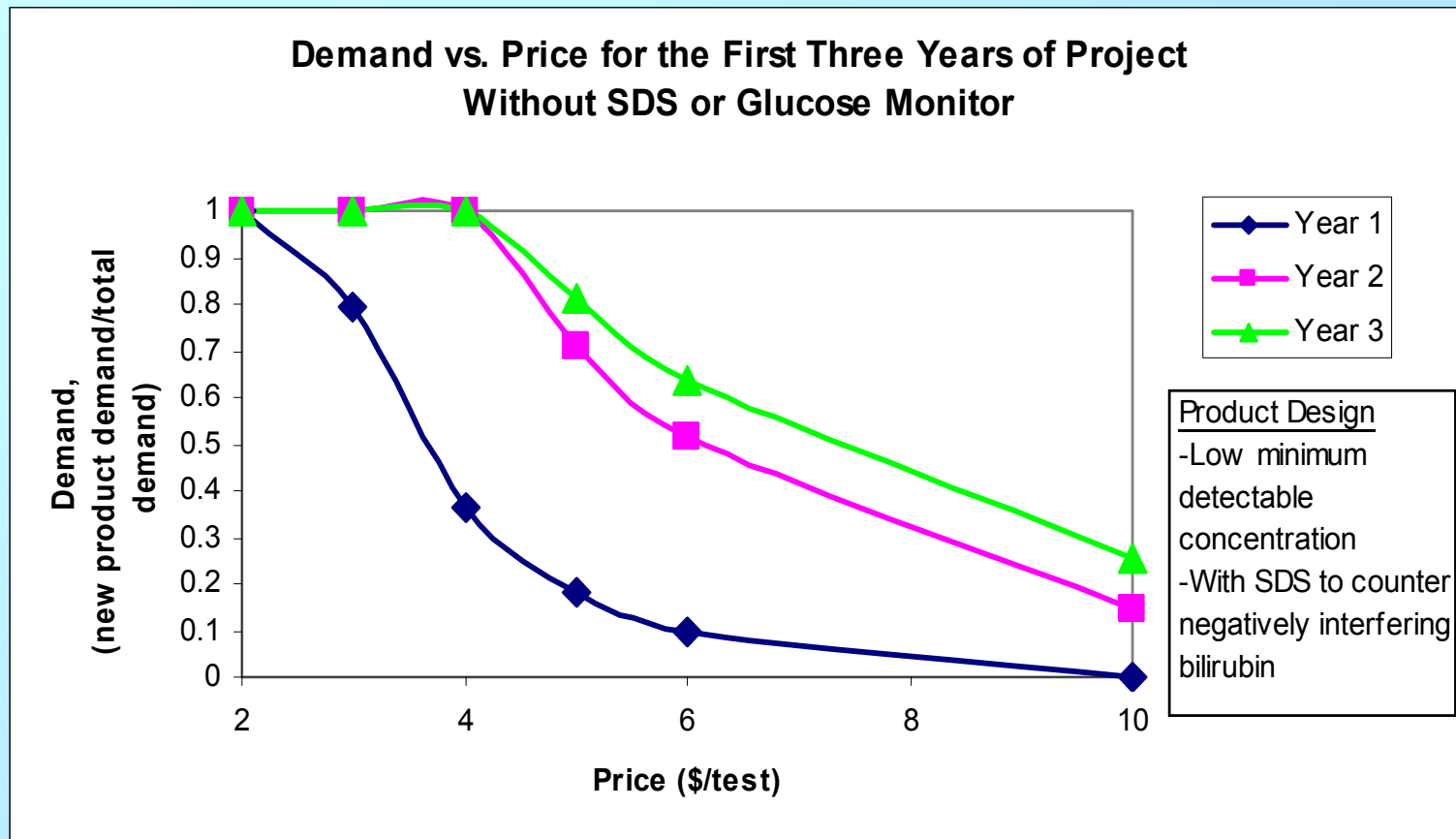
$$\Phi(d_1) = p_1 d_1 - \left(\frac{\alpha}{\beta}\right)^\rho p_1 \left[\frac{Y - p_1 d_1}{p_2}\right]^{1-\rho} d_1^\rho = 0$$



Advertising and education can increase awareness



# Influence of Awareness



As the consumer awareness increases for the first three years, the demand for the product increases

# Beta Function



$$\Phi(d_1) = p_1 d_1 - \left(\frac{\alpha}{\beta}\right)^\rho p_1 \left[\frac{Y - p_1 d_1}{p_2}\right]^{1-\rho} d_1^\rho = 0$$

$$\beta = \frac{H_2}{H_1}$$

$H_1$ : Consumer satisfaction for the new product

$H_2$ : Consumer satisfaction for the existing product

-Lower beta values indicate a more appealing product

*Beta does not factor in price*

# Product Design

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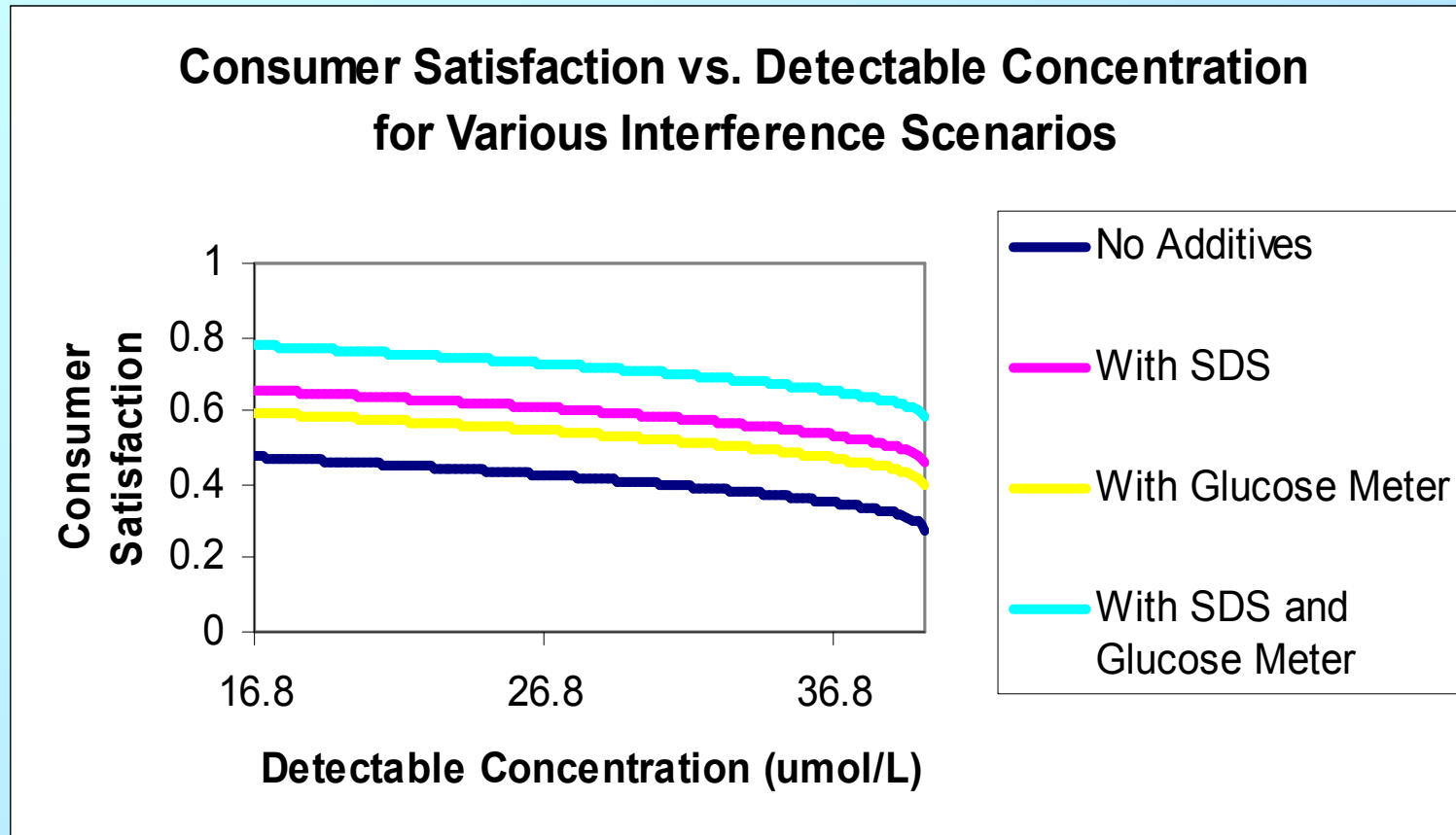
- *Minimum Detectable Concentration*

- Low
  - 16.8  $\mu\text{mol/L}$
  - Stages 2, 3, 4, and 5
  - Spectrophotometer
  - Includes Standards
- High
  - 40  $\mu\text{mol/L}$
  - Stages 4 and 5
  - Determined Visually
  - Standards Unnecessary

- *Inclusion of Anti-Interference Components*

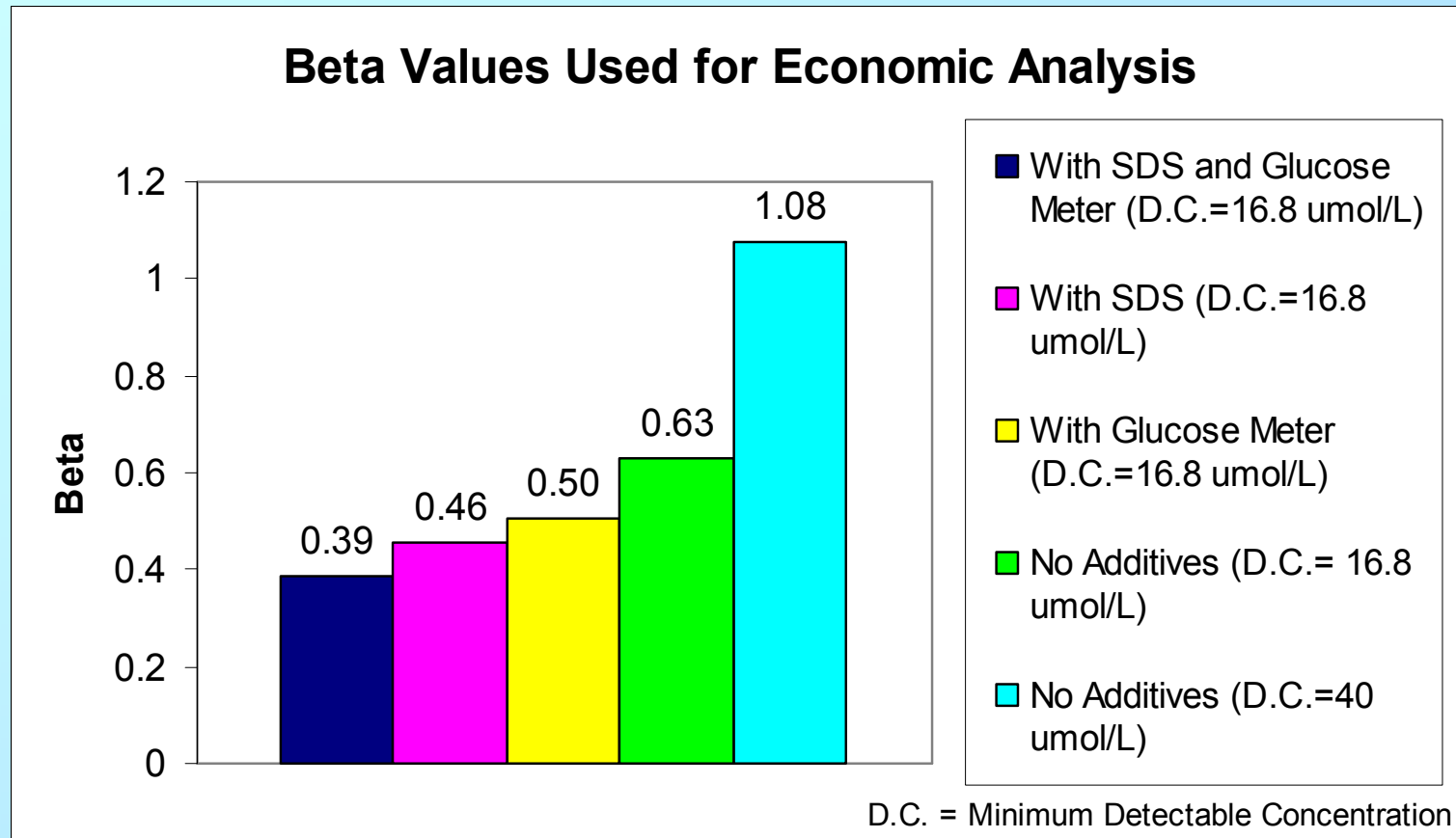
- Option 1: No Additives
- Option 2: SDS included to counter negative interference
- Option 3: Glucose meter to monitor positive interference
- Option 4: SDS and glucose meter counter interference

# Consumer Satisfaction



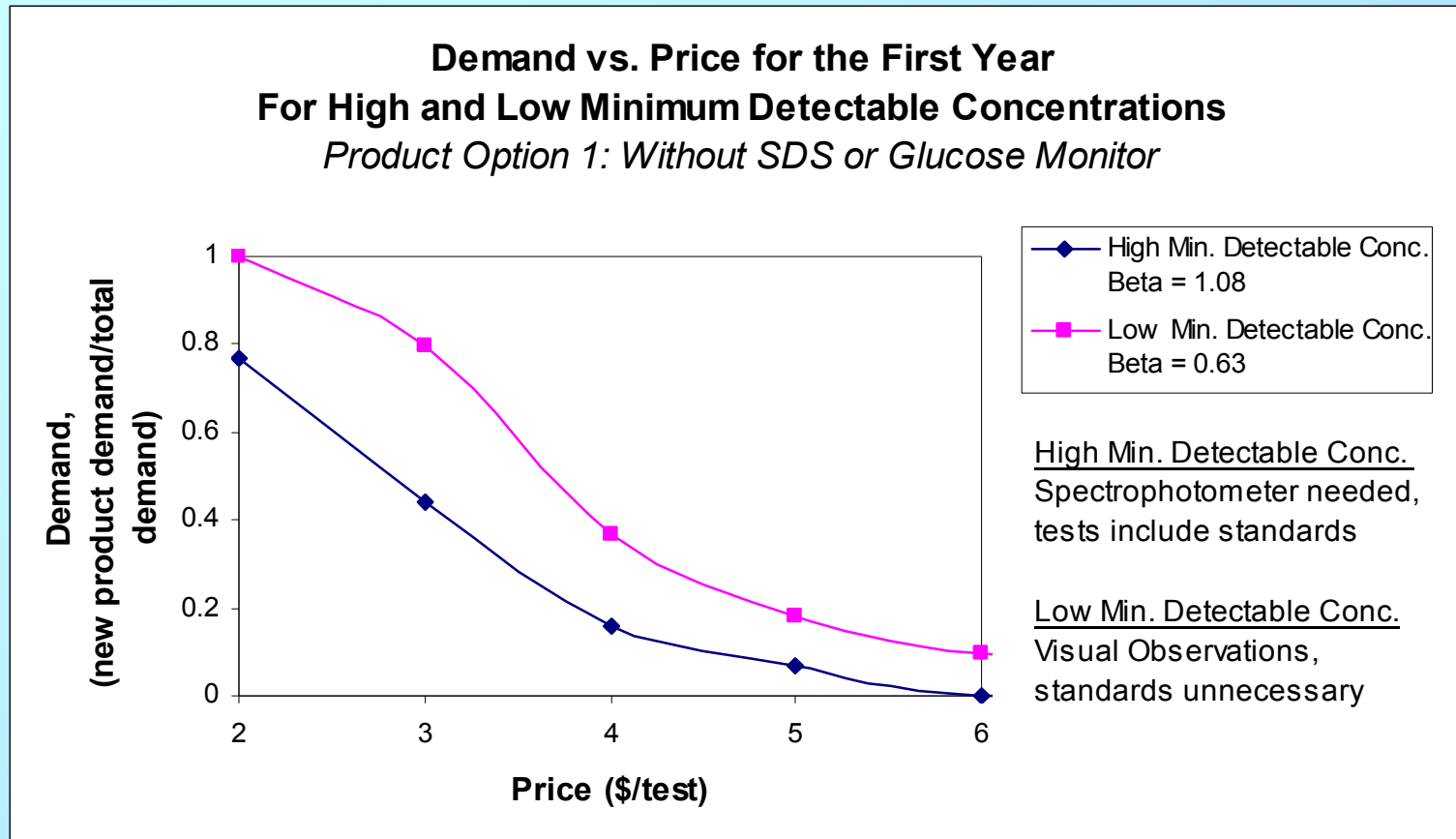
Satisfaction is higher for options including additives to counteract interference

# Consumer Preference



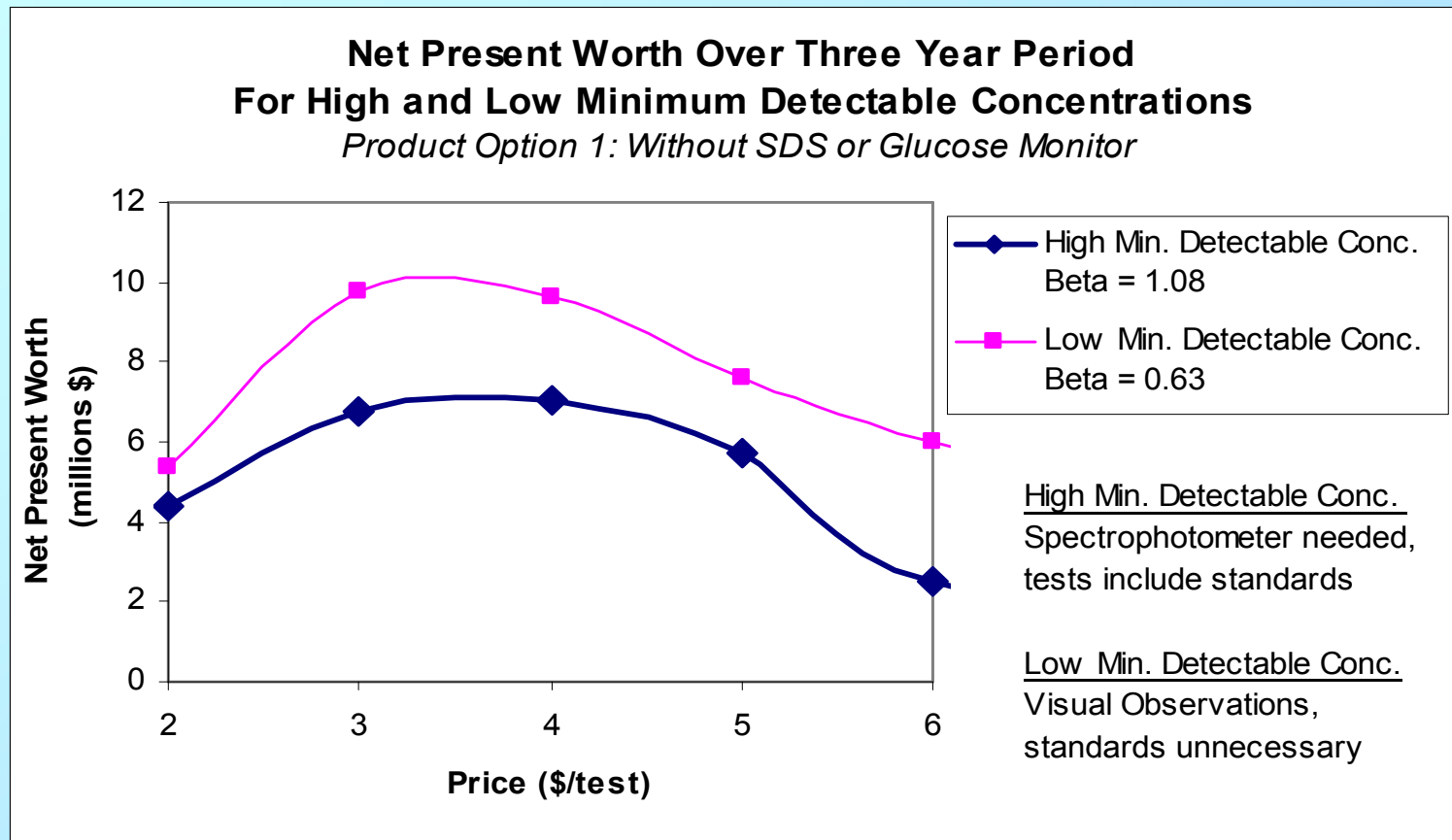
$$\Phi(d_1) = p_1 d_1 - \left(\frac{\alpha}{\beta}\right)^\rho p_1 \left[\frac{Y - p_1 d_1}{p_2}\right]^{1-\rho} d_1^\rho = 0$$

# Price and Demand



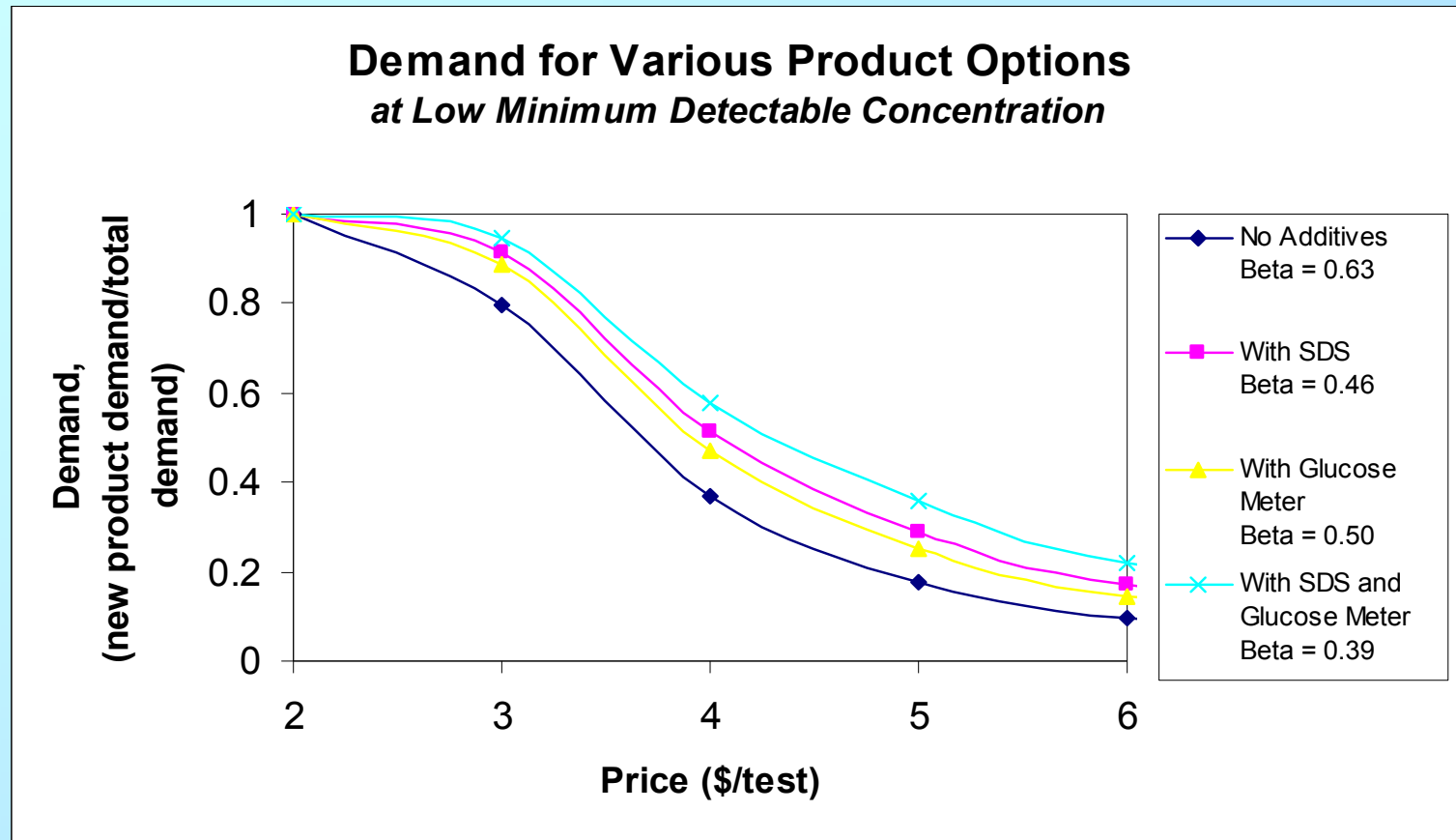
The demand is higher for the test with a lower minimum detectable concentration

# NPW for Different Sensitivities



The test able to detect low concentrations was more profitable despite added product cost

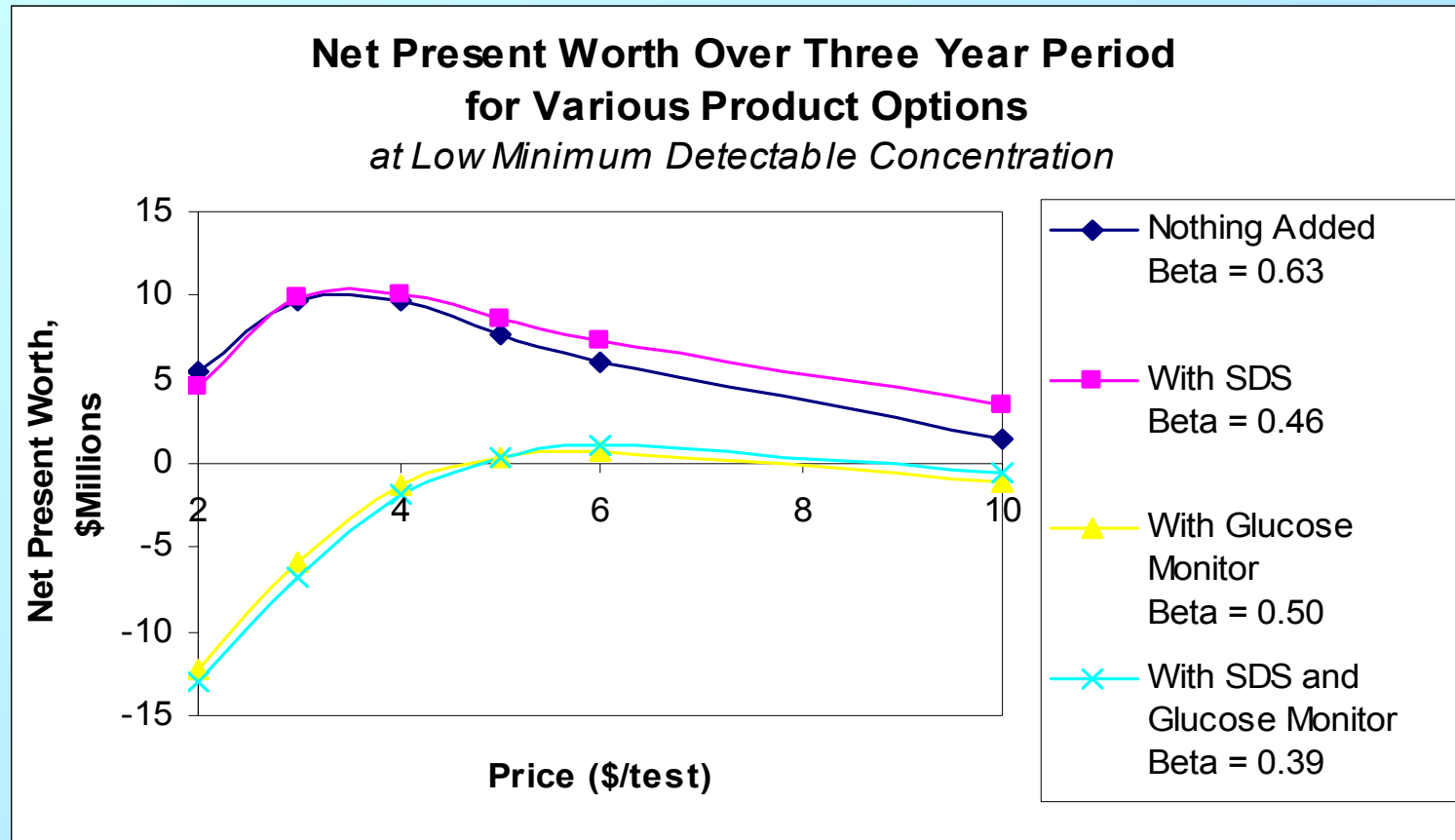
# Price and Demand



Demand versus price curves were created using the pricing and demand model for the four interference scenarios



# Net Present Worth



The most profitable design is the product with SDS priced at \$4/test

# Conclusions



- The product design including SDS yields the highest NPW
- The product with the lowest beta value was not the most profitable



# Acknowledgements

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- Dr. Miguel Bagajewicz
  - CBME, University of Oklahoma
- Dr. Stephen Kastl
- Noah Abbas

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